



## CLIENT INFORMATION SHEET FOR CATS TREATED WITH RADIOACTIVE IODINE (I131)



This information sheet is very important, please read it carefully before collecting your cat from the clinic and follow the recommendations for your cat's care after Iodine 131 treatment. If you are unsure about anything listed below or if you have any further queries, please don't hesitate to call us on 03 348 4885.

For the next 2 weeks after your cat is discharged :

- Avoid long periods (more than a few minutes) in close proximity to your cat, particularly during the first week. It is safe to pick him/her up for short periods but they should not sit on anyone's lap for extended periods or sleep in the bed. Avoid "face-to-face" contact. Don't allow your cat to lick you. We recommend that you wash your hands after handling them, especially before eating.
- If your cat urinates inside the household, the urine should be cleaned up thoroughly with paper towels, which are then placed in a rubbish bag. Use rubber gloves for this, and wash your hands very thoroughly afterwards. If the urine has soaked into garments or carpets they should be washed thoroughly. Garments should be washed separately in a washing machine.
- If your cat uses a "dirt box", keep this in an unoccupied area. Use a waterproof disposable lining (incontinence pads). Wear rubber gloves to clean it.
- Make sure your cat cannot jump up onto the kitchen bench, or get onto anywhere that food is placed.

If the above instructions are followed the risks from the radiation will be negligible. If you feel for any reason that you are not able to follow these instructions then please contact us to discuss this further.

**FOLLOW UP;** We recommend re-checking your cats T4 level around 6 weeks post treatment. T4 levels typically decline for up to 2-3 months post treatment. Please make an appointment with your usual veterinarian.

If your cat has been referred from another clinic we will send them information about your cat's treatment, please contact them to book the recommended follow-up test.