



RADIOACTIVE IODINE REFERRING VET PROTOCOL

Dear Colleagues,

When referring cases for radioactive iodine treatment to Ourvets Riccarton/Ilam, please supply the following information. This makes it easier and more accurate when calculating iodine doses.

Please provide us with up-to-date client and patient's details, particularly client phone numbers, as we will need to contact the client directly to arrange booking their cat in for treatment.

Current literature recommends that cats with hyperthyroidism are stabilised prior to radioactive iodine treatment to fully assess renal function and this is something that we try to adhere to unless special circumstances apply.

A full clinical history is required. The clinical history should include where possible:

- T4, biochemistry and urinalysis results at time of diagnosis
- Clinical signs graded mild, moderate, or severe
- Goitre size
- The current medication that the patient is on – product name, dose, frequency, duration of treatment
- Latest blood results since starting on medication - T4, biochemistry and urinalysis

Note: cats on treatment will need to stop medication two weeks prior to having I131 treatment, however for some cats discontinuation of treatment is not feasible. These cases will need to be individually discussed with the client and ourselves. It would be much appreciated if you could make a comment in your clinical history with respects to this and your assessment.

This information, including the referral form, then needs to be emailed to us at ri.reception@ourvets.co.nz. One of the vets will then contact you and your client with regards to treatment dates available and any further queries that you may have. ***If you do not receive contact from us within 7days please contact us to ensure we have received your referral.***

All clients receive an information sheet on the care of their cats after treatment and are advised to revisit their usual veterinary clinic for repeat T4 bloods, biochemistry and

urinalysis 1-month post iodine treatment. A copy of this has been attached for your information.

Current pricing as of March 2017 is as follows:

- 80 MBq dose (5 day stay) - \$645.00
- 100 MBq dose (7 day stay) - \$695.00
- Some cats will require a small dose of sedation to ensure effective treatment. This is not included in the above price.

Please note, as we receive the exact dosage of the radioactive iodine for the individual patient from the Christchurch DHB hospital on the day of treatment (who in turn only receive stock once a month), we can't guarantee a treatment date until we have all the above information. Only once Christchurch DHB has confirmed with us the treatment day can we confirm with the client. ***Any dates given to you by us before then are only an estimation and are liable to change. Please do not give owners specific dates as they are only confirmed once confirmed by the CDHB.***

If you have any other questions regarding the above or treatment, please call us on 03 3484885.

Email: ri.reception@ourvets.co.nz

Thank you for your cooperation.

Regards,

The team at Ourvets Riccarton/Ilam